

## Claims

- [c1] A central data archiving system, said system comprising:  
a data source providing medical data;  
a status monitor for controlling the transfer of said medical data from said data source to a remote data store; and  
a remote data store receiving said medical data and storing said medical data.
- [c2] The system of claim 1, wherein said status monitor verifies said transfer of said medical data from said data source to said remote data store.
- [c3] The system of claim 1, further comprising an access authenticator for authenticating access to said remote data store by said data source.
- [c4] The system of claim 3, wherein said access authenticator authenticates access to said data source.
- [c5] The system of claim 1, wherein said data source further stores medical data.
- [c6] The system of claim 5, wherein said remote data store further restores said medical data to said data source.
- [c7] The system of claim 1, wherein said remote data store stores a copy of said medical data.
- [c8] The system of claim 1, further comprising a second data source for storing medical data, wherein said remote data store transfers said medical data to said second data source.
- [c9] The system of claim 1, wherein said remote data store comprises an application service provider.
- [c10] The system of claim 1, wherein said remote data store is stored at a plurality of locations.
- [c11] The system of claim 1, wherein said status monitor controls the transfer of data from said data source to said remote data store at a definable interval.

- [c12] The system of claim 11, wherein said definable interval comprises a timed interval.
- [c13] The system of claim 11, wherein said definable interval comprises an event-based interval.
- [c14] The system of claim 11, wherein said definable interval comprises a manual interval.
- [c15] A system for remotely accessing a centralized data store, said system comprising:
  - a remote data store storing medical data;
  - a status monitor for controlling the transfer of said medical data from said remote data store to a data source; and
  - a data source receiving said medical data and storing said medical data.
- [c16] The system of claim 15, further comprising a second data source storing medical data.
- [c17] The system of claim 16, wherein said status monitor controls the transfer of said copy of said medical data between said remote data store and said second data source.
- [c18] The system of claim 16, wherein said status monitor verifies the transfer of said copy of said medical data between said remote data store and said second data source.
- [c19] The system of claim 15, further comprising an access authenticator for authenticating access to said remote data store.
- [c20] The system of claim 15, wherein said status monitor verifies said transfer of said medical data between said first data source and said remote data store.
- [c21] The system of claim 15, wherein said remote data store comprises an application service provider.
- [c22] The system of claim 15, wherein said remote data store is stored at a plurality

of locations.

- [c23] The system of claim 15, wherein said remote data store restores said medical data at said data source.
- [c24] The system of claim 15, wherein said remote data store comprises at least one directory corresponding to said first data source.
- [c25] A method for remotely archiving medical data, said method comprising:  
transferring said medical data from a data source to a remote data store; and  
storing said medical data at said remote data store.
- [c26] The method of claim 25, further comprising the step of obtaining said medical data.
- [c27] The method of claim 25, further comprising the step of storing said medical data at said data source.
- [c28] The method of claim 25, wherein said storing step further comprises storing said medical data at said remote data store in a directory corresponding to said data source.
- [c29] The method of claim 25, wherein said transferring step further comprises verifying said transfer of medical data from said remote data store to said data source.
- [c30] The method of claim 25, further comprising the step of authenticating access to said remote data store.
- [c31] The method of claim 25, wherein said transferring step occurs after a definable interval.
- [c32] The method of claim 31, wherein said definable interval comprises a timed interval.
- [c33] The method of claim 31, wherein said definable interval comprises an event-based interval.

- [c34] The method of claim 31, wherein said definable interval comprises a manual interval.
- [c35] The method of claim 25, further comprising the step of restoring said medical data to said data source from said remote data store.
- [c36] The method of claim 25, further comprising the step of copying said medical data from said remote data source to a second data source.
- [c37] A method for restoring medical data to a data source from a remote data store, said method comprising:  
 detecting an error in accessed medical data;  
 transferring a copy of said medical data from a remote data store to said data source; and  
 restoring said medical data by replacing said medical data at said data source with said copy of said medical data.
- [c38] The method of claim 37, further comprising the step of previously obtaining said medical data at said data source and storing said medical data at said remote data store.
- [c39] The method of claim 37, further comprising the step of copying said medical data to a second data source.
- [c40] The method of claim 37, wherein said transferring step further comprises verifying said transferring of medical data from said remote data store to said data source.
- [c41] The method of claim 37, further comprising the step of authenticating access to said remote data store.
- [c42] The method of claim 37, wherein said transferring step further comprises transferring said medical data from a directory representative of said data source at said remote data store to said data source.
- [c43] A method for installing medical data from a first data source to a second data

source, said method comprising:  
storing data remotely from a first data source to a remote data store;  
providing access to a second data source;  
transferring said medical data from said remote data store to said second data source; and  
storing said medical data at said second data source.

[c44] The method of claim 43, wherein said transferring step further comprises transferring said medical data from a directory representative of said first data source at said remote data store to said second data source.

[c45] The method of claim 43, wherein said transferring step further comprises transferring files of medical data from said remote data store to said second data store.

[c46] The method of claim 43, wherein said transferring step further comprises transferring the entire contents of said first data source from said remote data store to said second data source.

[c47] The method of claim 43, wherein said transferring step further comprises verifying said transferring of medical data from said remote data store to said second data source.

[c48] The method of claim 44, further comprising the step of authenticating access to said remote data store.

[c49] The method of claim 44, wherein said transferring step occurs after a definable interval.

[c50] The method of claim 49, wherein said definable interval comprises a timed interval.

[c51] The method of claim 49, wherein said definable interval comprises an event-based interval.

[c52] The method of claim 49, wherein said definable interval comprises a manual

Variable	Mean	SD	Min	Max
Age	35.2	12.5	18	65
Gender	0.52	0.50	0	1
Marital Status	0.65	0.48	0	1
Education	12.8	1.5	9	16
Income	32.5	15.2	10	60
Occupation	1.2	0.8	0	2
Health Status	0.75	0.42	0	1
Stress Level	4.5	1.8	1	7
Life Satisfaction	5.2	1.5	3	7
Resilience	3.8	1.2	1	6
Optimism	4.1	1.4	2	6
Gratitude	4.3	1.6	2	6
Forgiveness	4.0	1.5	2	6
Empathy	4.2	1.4	2	6
Compassion	4.1	1.5	2	6
Kindness	4.0	1.4	2	6
Generosity	3.9	1.3	2	6
Patience	4.1	1.4	2	6
Self-control	4.2	1.5	2	6
Emotional Stability	4.3	1.6	2	6
Psychological Well-being	4.4	1.7	2	6
Life Purpose	4.5	1.8	2	6
Meaning in Life	4.6	1.9	2	6
Existential Well-being	4.7	2.0	2	6
Transcendental Well-being	4.8	2.1	2	6
Overall Well-being	4.9	2.2	2	6